



## Muscle Beach

A newly developed cliff that many walked by for years until Cody took an interest in its steepness in 2011. Since then there has been a lot of development and a lot of traffic, confirming the quality of the many excellent routes. The upper cliff is readily identified by a large roof above an obvious break. The bulk of the routes are in the 5.12-13 range, though there is an excellent and popular 10d.

Below the convenient ledge that serves the upper cliff is a less steep cliff, Bikinis and Boobs, that has a host of slightly easier offerings 5.10-11. The cliff faces west so nice and cool on hot summer mornings and warm for Spring and Fall afternoons.

The cliff is directly below Top Tier to the West. Approach is via a marked trail that heads off the main Red Tail- Doctors' trail, just before Doctor's Wall. Go down the hill, past the Prow following a well-marked trail across large talus to reach the cliff (25 mins from Red Tail).

Access is also possible from the end of Evergreen Drive by following the power-line access road for 20mins to a cairned trail leading off to the left (about 80m before a gate covered in No Trespass signs) steeply up the hill and directly to Muscle Beach (25 mins from the car).

### 1. Open Project 5.14a?

8 bolts. Follows the crack feature before heading left

### 2. Beach Air Show 5.13c

8 bolts. The impressive roof. 2nd bolt stick clip is recommended. Powerful with big moves

*FA. Evan Hau, Oct 2011*

### 3. The Beached Whale 5.12b

9 bolts. A blast. Stick clip the first bolt. A tricky start to the roof flake. Work your way left, to a committing finish.

*FA. Adam Tuttle, Sep 2011*

### 4. Swingers on the Beach 5.13b

10 bolts. The issue is traversing the lip of the roof. An excellent spectacle! Stick clip the first bolt

*FA. Ivan Melisek Sep 2012*

### 5. Water Pistols 5.13b

9 bolts. aka "I've brought my water pistols to the gun show". Taping hands may prove less painful. Knee pads are also an asset.

*FA. Ivan Melisek, Aug 2013*

### 6. Open Project 5.14a?

6 bolts. A steep and powerful line.

*FA. Bolted by Jani Vaaranpaa, Aug 2012*

### 7. Just Toss at the Beach 5.12c

7 bolts. Steep. Can link to Where's the Beach.

*FA. Cody Leyden, Apr 2012*

**8. Where's the Beach**

 5.12a

6 bolts. Fun route through overlaps. .  
*FA. Nick Korvin, Sep 2011*

**9. The Beach is Over There**

 5.10d

7 bolts. The warm up. Popular  
*FA. Cody Leyden, Aug 2011*

**10. Gold Digger**

 5.12b

7 bolts. Start as Beach is Over There but continue straight up through overlaps  
*FA. Nick Korvin, Apr 2012*

**11. Pumping it on the Beach**

 5.12c

7 bolts. Varied, steep with a sting in the tail  
*FA. Cody Leyden, Apr 2012*

**12. Bikinis and Boobs**

 5.11d

7 bolts. Up the obvious corner/flake system.  
*FA. Cody Leyden, Sep 2011*

**13. Bulging at the Beach**

 5.12a

8 bolts. Sustained climbing.  
*FA. Cody Leyden, Apr 2012*

**14. Thumb in the Bum**

 5.11c

8 bolts. Fun climbing with a tricky crux.  
*FA. Cody Leyden, May 2012*

**15. Perving at the Beach**

 5.11c

8 bolts. A tricky start leads to sustained climbing.  
*FA. Cody Leyden, May 2012*

**16. She's Slippery When Wet**

 5.12b

8 bolts. The name refers to the seeps. Powerful crux.  
*FA. Cody Leyden, June 2012*

**17. Beachcomber**

 5.11a

8 bolts. Nice addition.  
*FA. Jon Jones, May 2013*

**18. Mr Muscle in a Bikini**

 5.10b

8 bolts. Fun climbing up the flake to a finale crux. Popular warmup.  
*FA. Cody Leyden, May 2012*

**19. Beach Chilling**

5.9

8 bolts. The easiest of the bunch, but not the best.  
*FA. Cody Leyden, May 2012*